

**We've started a
Kidney Revolution
in Australia**

**End Dialysis
by 2050**



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Front page image: Chief Executive Officer Chris Forbes pictured with consumer advocates and their guests, Madeleine Reicher, Thomas Reicher, Hayley van Hostauyen, Fergus Runciman, Jamen Wilcox, Simone Stumer, Shaun Johnson and Michelle Lloyd-Johnson at the End Dialysis by 2050 launch at Australian Parliament House, Canberra.

Acknowledgement of Country

Kidney Health Australia acknowledges the Aboriginal and Torres Strait Islander peoples of this nation. We acknowledge the traditional owners of the lands on which our organisation is located and where we conduct our business.

We pay our respects to Ancestors and Elders, past, present and emerging. Kidney Health Australia is deeply committed to honouring First Nations peoples' unique cultural and spiritual relationships to the land, waters and seas and their rich contribution to society.

We will continue to maintain and strengthen our relationships and partnerships with First Nations communities to help drive earlier diagnosis of kidney disease, and improve the treatment and management of those affected by the disease.

"We will continue to dream big and hold onto hope. Thank you and your team for everything you are doing to bring brighter days for us all." - Dianne



Fighting for the future

Kidney Health Australia was proud to launch its bold aspiration at Australian Parliament House in November, with big ambitions for 2050.

Our aspiration is to **End Dialysis by 2050** – to squeeze dialysis from both ends and help Aussies live longer, healthier and more productive lives.

We were joined by Parliamentarians, including the Co-Chairs of the Parliamentary Friends of Kidney Health Group, passionate consumer advocates as well as key stakeholders.

Kidney failure hides behind closed doors and denies everyday Aussies and their families of the most precious things we have – time and freedom.

The number of Australians developing kidney failure is expected to rocket up **40% by 2030**, with Central Australia now recording the highest rates of treated kidney failure per capita in the world.

Chronic kidney disease is projected to be the **5th leading cause of death worldwide by 2050**, rising from the 18th leading cause in 1990.

We made it clear that we are fighting for the future – and looking to 2050 to create a kidney revolution.

We're shifting Australia's dependence away from expensive and confining dialysis, relegating it to emergency use only.

End Dialysis by 2050

This ambitious plan focuses on four key areas:

- 1. Early Detection:** By prioritising early diagnosis of kidney disease, we aim to implement timely interventions and new medications to slow disease progression, potentially preventing the need for dialysis.
- 2. Innovative Treatments:** We are committed to developing and implementing less invasive and more effective treatments than current dialysis methods, including access to more living donor kidneys.
- 3. Support and Education:** Providing comprehensive support and education to patients and healthcare providers is crucial to improving overall kidney health and managing the disease more effectively.
- 4. Research:** Kidney Health Australia funds and supports kidney disease research through community collaboration and expert involvement. We are pushing for greater investment in research to come up with more innovative solutions for kidney failure than dialysis.

As our support for the kidney community continues, we're focusing on walking hand in hand with our strong, courageous community for a brighter, healthier life, free of invasive treatments. Together, we are rewriting the narrative of kidney disease.

Message from the Chair

In 2024, Kidney Health Australia made significant strides in its mission to improve kidney health across the nation. The Board and I observed a series of deeply impactful initiatives aimed at raising awareness, enhancing support for those affected by kidney disease, and advocating for systemic change.

A pivotal moment for the organisation in 2024 was the launch of **End Dialysis by 2050** - a bold aspiration to inspire governments and stakeholders to significantly increase their support and investment in kidney health. This will be Kidney Health Australia's aspiration looking forward for the next 25 years.

On the world stage, Kidney Health Australia played a key role in supporting the Global Patient Alliance for Kidney Health's presentation to the UN General Assembly in September, urging policymakers to prioritise chronic kidney disease, along with other chronic conditions, in a more integrated approach.

In recognition of its efforts, Kidney Health Australia was named **NGO of the Year** at the Health Industry Hub Awards in October. This accolade reflects the organisation's ongoing commitment to creating a supportive, inclusive, and purpose-driven environment.



In 2024, we continued to focus on support for patients and healthcare professionals, as well as research and advocacy.

I sincerely thank my fellow Board members for their ongoing commitment and involvement, and our Chief Executive Officer, Chris Forbes and his team for their dedication to improving kidney health. We are entering a new era in the fight against kidney disease, and we are equipped with the tools and momentum to deliver meaningful and lasting change.

Here's to the beginning of the kidney revolution.

Professor Carol Pollock AO
Chair MB, BS, PhD,
FRACP, FAAHMS



*Chief Executive Officer
Chris Forbes, Co-Chairs of
the Parliamentary Friends
of Kidney Health Group,
Senator Marielle Smith and
the Hon. Warren Entsch MP,
Assistant Minister for Health
and Aged Care and Assistant
Minister for Indigenous Health
Hon. Ged Kearney MP,
Board Member Professor
Brendan Murphy AC and Chair
Professor Carol Pollock AO.*

Transforming the state of kidney health in Australia

We are witnessing a kidney crisis. The number of Australians requiring treatment for kidney failure is projected to grow by more than **40% by 2030**. Despite this, dialysis treatment has barely changed in the last 50 years. It's time for us to stand strong and start building for the future.



Our focus across the organisation in 2024 has been on our overarching aspiration to **End Dialysis by 2050** – working to continue our support programs for people on dialysis, while aspiring for a brighter future for the next generations.

We have taken the first steps in our **Transforming First Nations Kidney Health** project. First Nations peoples experience disproportionate rates of kidney disease, and we aspire to close the gap through close collaboration, consultation and allyship with First Nations communities.

We completed the Kidney Health 4 Life Research Study, which involved **394 participants** from over **1,000 expressions of interest**. It assessed the innovative Kidney Health 4 Life pilot program, a health and wellbeing initiative designed to support individuals at different stages of kidney disease.

In the realm of healthcare education, the 5th edition of the CKD Management in Primary Care handbook was launched on World Kidney Day in March. The handbook has since been **downloaded 21,000 times**. The Kidney Health Professional Hub saw **90,000+ total resources downloaded**, with **3,101 health professionals** attending education events, underscoring our ongoing commitment to enhancing healthcare delivery.

Community engagement remained a cornerstone of our efforts. The Kidney Buddy Program has expanded to include **130 mentors**, who have completed over **230 pairings** since the program started. Beyond one-on-one support, we have created spaces for connection. It was heartwarming to see **38 families** participate in our Kidney Kids and Youth Es-Capers events, providing all **151 attendees** the opportunity to build lifelong friendships.

The Big Red Kidney Bus, our free mobile dialysis service, celebrated **10 years** of service to the community in 2024. **1,671 dialysis patients** have used the Buses – a total of **6,226 free sessions**. We are incredibly grateful to our clinical partners and the many volunteer nurses who have provided hospital-quality treatment to the community over the years.

Our ability to provide these essential resources and services is made possible by the unwavering support of our generous donors and tireless fundraisers. The 2024 Red Socks Run engaged **1,511 participants** and raised **\$399,151**, while the Kidney Kar Rally raised **\$485,000** to support the Kidney Health 4 Youth program.

Our efforts culminated with the launch of our aspiration to **End Dialysis by 2050** at Parliament House in November, which received commendations from Parliamentarians and other key stakeholders for its forward-thinking approach.

Thank you to the team at Kidney Health Australia, whom I'm privileged to lead. I'm grateful to our Chair, Professor Carol Pollock, and our Board of Directors for standing with us, challenging us, and believing in what's possible.

Finally, I urge you to join the kidney revolution. You can learn about our bold aspiration at **kidney.org.au/2050**. With your support, we can change the trajectory of kidney disease in this country.

Chris Forbes
Chief Executive Officer

We are in the midst of a kidney crisis

“It’s time to turn off the tap”.

- Chris Forbes, Kidney Health Australia Chief Executive Officer

Millions more Australians will soon be facing the far-reaching consequences of kidney disease - to their physical wellbeing, mental wellbeing, and overall quality of life.

Up to **50% of people on dialysis** experience depression. With patients spending anywhere between 16 and 30 hours on dialysis a week, **92% of dialysis patients** report disruptions to their day-to-day lives.

These impacts are felt even deeper in First Nations communities, who are twice as likely to develop kidney disease than the general population. And for those needing treatment, this often requires them to uproot their lives and come ‘off country’ - travelling far away from their families and communities.

The financial costs to both the individual and the economy are enormous. **82.5% of dialysis patients** face financial hardship due to treatment costs. Meanwhile, kidney disease costs the Australian economy a whopping **\$9.9 billion** per year.

Putting it simply, this is not good enough. We must ensure fewer and fewer Australians are reaching the point of kidney failure.

**It’s time to turn off the tap.
Let’s make kidney disease –
and dialysis – a thing of the past.**



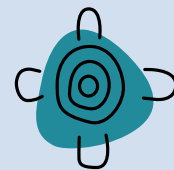
1 in 6

1 in 6 hospitalisations in Australia are kidney related.



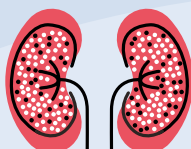
11%

11% of deaths in Australia are kidney related - that’s around **22,000** people per year.



4X

First Nations Australians are almost **4X** more likely to die from CKD.



2.5 million Australians are completely unaware they are living with CKD.



Cases of kidney failure are projected to grow by **40%** by 2030.

Thanks to our special community of voices who share their touching stories with us all and inspire us every day. Your stories bring hope and unity to the realities of living with kidney disease.

Hayley's story

"I came to realise my kidneys were failing at the ripe age of 27 when I was vivacious and bright, leading a normal life fulfilling my dream job in hairdressing. At the time I was pregnant with my first child, a beautiful little girl.

At 14 weeks, I had sudden oedema and immediately went to hospital. I remember the doctor explaining to me that I was in renal failure and would need an urgent transfer to an acute hospital.

My knowledge of kidney disease prior to my diagnosis was honestly so bare, I couldn't even tell you what the full function of our kidneys were. I was under the impression that kidney disease only affected the elderly or mature aged people.

It's important for me to raise awareness for kidney disease because I'd like to change the stigma around age-based diagnosis. Kidney disease doesn't discriminate. Knowledge is power and with one small conversation about kidney disease or organ donation together we could change the lives of so many people suffering."



Thank you, Hayley, for sharing your story with our kidney community. Your donations help support more people like Hayley living with kidney disease: kidney.org.au/donate

Top 5 impacts in 2024

As a non-profit organisation we focused on strategic initiatives that deliver the greatest impact. Here's our **top 5**:

1. **Empowering our community** to manage their kidney health.
2. Supporting **families and communities**.
3. Transforming **First Nations** kidney health.
4. Changing the game via **advocacy**.
5. Continuing to support **healthcare professionals** and **research projects**.



The Haddad Family at the NSW Kidney Kids Es-Capers event.

1.



Empowering our community to manage their kidney health

The **Kidney Health 4 Life** Research Study officially wrapped up on 30 June with **394 people** with kidney disease taking part, from over **1000** expressions of interest. The study assessed the Kidney Health 4 Life pilot program, which is a health and wellbeing program designed to support people at different stages of kidney disease with their disease management and lifestyle changes.

The pilot program was run as a randomised control trial, in collaboration with the University of Wollongong. The trial ran over eight months and involved two groups – people at Stage 1-4 CKD, and those receiving dialysis treatment.

Designed by kidney experts, the digital program covered topics on disease management, healthy behaviours, diet and nutrition, physical activity, sleep and stress management, and talking to others about kidney disease.

The program included guided learning, practical resources, access to health experts and peer support from people with lived experience.

The results of the research study will be used to determine a longer-term program of support for people with kidney disease and their support networks.



>> 2.

Supporting **families and communities**

At Kidney Health Australia, we are dedicated to driving support and improving care for those living with kidney disease. Our efforts this year focused on growing peer-to-peer support through our **Kidney Buddy** program, our **Kidney Kids Es-Capers** events, and other peer support opportunities. We were also proud to celebrate 10 years of our groundbreaking **Big Red Kidney Bus** program.

Kidney Buddy Program

Three years ago, we launched the Kidney Buddy peer support program to keep our community connected during the pandemic. This initiative, which began as a pilot, pairs a Buddy Mentor with someone needing support. Today, we have **130 volunteer** Kidney Buddy Mentors who have completed over **230 pairings** since the program began. If you are newly diagnosed, starting dialysis, preparing for a transplant or caring for a loved one with kidney disease, our Kidney Buddies are there to offer help.

The program has received high praise from participants like Carla and Nicole:

"It was very valuable to my mental health to talk to someone who has 'been there and done that.' I would highly recommend the program." - Nicole

Thank you to our amazing group of volunteer Kidney Buddy Mentors who contribute their own personal time to make these valuable peer support connections.

"Such an amazing program and I am very proud to be a part of it. Thank you for being brave enough to try something new and allow it to grow organically into something of true value to the community." - Carla

KidneySpeak Facebook Group

Our **KidneySpeak** Facebook group has grown to over **500** members in just over a year. This space allows members of the community to share their kidney experiences and builds relationships with others impacted by kidney disease, in a positive and supportive environment.



Kidney Kids Es-Capers Camp

This year, our **Kidney Kids Es-Capers** camps provided a weekend of fun and adventure for kidney kids and their families. Participants enjoyed activities like flying foxes, commando courses, frisbee golf, and scavenger hunts. The camp offers a fantastic opportunity for kids and their families to connect, share experiences, and forge lifelong friendships.

Right: Kidney Kids Harrison and Riley.





Big Red Kidney Bus: 10 Years on the Road

2024 marked the 10-year anniversary of the Big Red Kidney Bus program launching in Victoria. Gippsland patient Vince Tropodi shared his idea of a mobile holiday dialysis unit and gathered a small group of dialysis patients and carers (Suzi Picken, Bruce Bremner, Peter Maxwell and Margaret Blanck) to bring his dream to life. With their hard work and dedication, the original Bus, named VINCE, made its first trip to Lakes Entrance in 2014.

Over the decade, the service has gone from strength to strength. The New South Wales Bus was launched in 2017, and in 2023 we welcomed the Gold Coast Bus to our fleet – named MARJ after Marjorie Burrows, who was inspiration for daughter Vicky Clark, Secretary of the Lions Club of Robina, to fundraise for a Bus in Queensland.

On September 10, 2024, we celebrated 10 years of the Big Red Kidney Bus at the Parliament of Victoria. The event was attended by Parliamentarians, including the Honourable Mary-Anne Thomas, Minister for Health of Victoria, and Georgie Crozier, Shadow Minister for Health of Victoria, as well as guests from Monash Health, our clinical partner for the Victorian Bus. Guests enjoyed touring the Bus and speaking with community members and current Bus users. Minister Thomas highlighted the impact of the Bus program:

“It’s great to be celebrating 10 years of the Big Red Kidney Bus. The Big Red Kidney Bus makes a holiday a real possibility for people living with kidney disease. And we know that kidney failure affects so many Australians.” - Minister Thomas



Members of the Tripodi Family.

Thank you to our fantastic clinical partners - Monash Health, Royal North Shore Hospital and Gold Coast Health - and their volunteer nurses for making this program possible.



Kidney Health Australia Chief Executive Officer Chris Forbes, staff, stakeholders, Big Red Kidney Bus volunteers, donors, Board members, Parliamentarians and members of the Tripodi Family gather for the 10-year anniversary celebration of the Big Red Kidney Bus at Victorian Parliament.



Left: Victorian Minister for Health Mary-Anne Thomas cuts the cake.



In **10** years we've:

Parked at **82** tourist stops around Australia.

Facilitated **6,226** free dialysis sessions – a total of **31,130** hours!

Helped **1,671** people use the Buses and enjoy holidays while keeping up their dialysis treatment.

>> 3.

Transforming **First Nations** kidney health

In 2024, Kidney Health Australia had its first steps in its **Transforming First Nations Kidney Health** project.

Aboriginal and Torres Strait Islander peoples experience disproportionate levels of kidney disease, regardless of whether they reside in urban, regional or rural areas. Compared with the general population, First Nations Australians are twice as likely to develop kidney disease and four times as likely to die from it. We aspire to close this gap in kidney health through close collaboration, consultation and allyship with First Nations communities.

The key objectives of the **Transforming First Nations Kidney Health** program are to:

- Collaborate to develop a universal plan to transform First Nations Kidney Health.
- Create a national advocacy platform to address sustainable funding for First Nations kidney health and research.
- Develop and implement a program to drive awareness, early detection and prevention of progressions of kidney disease in First Nations.





>> 4.

Changing the game via **advocacy**

Kidney Health Australia continued to advocate for the kidney community at federal and state levels of government in 2024.

We challenged the status quo by launching our bold aspiration to **End Dialysis by 2050**, with the aim to inspire governments and other stakeholders to significantly increase their support and investment in kidney health and do more to change the face of kidney disease.

This aspiration was unveiled at Parliament House in Canberra in November, together with members of the Parliamentary Friends of Kidney Health Group. We saw great engagement from parliamentarians and other key stakeholders, who commended the bold, forward-thinking vision.

Our strong advocacy for kidney health continued through to a global level with our leadership in the Global Patient Alliance for Kidney Health (GloPAKH). Kidney Health Australia was proud to play a key role in supporting GloPAKH's presentation to the UN General Assembly in September, which saw GloPAKH urge policymakers to prioritise CKD, among other comorbidities, in a more integrated, interconnected approach to chronic disease.

Consumer advocates Ava, Tegan and James Bancroft with Billy the Kidney at the End Dialysis by 2050 launch.



Consumer advocates and their guests Jamen Wilcox, Michael Adams, Madeleine Reicher, Thomas Reicher, Shaun Johnson, Fergus Runciman, Michelle Lloyd-Johnson, Hayley van Hostauyen, Simone Stumer and GM Community Maria O'Sullivan at Australian Parliament House, Canberra.



>> 5.

Continuing to support **healthcare professionals** and **research projects**

On World Kidney Day, 14 March, Kidney Health Australia launched the 5th edition of the **CKD Management in Primary Care** handbook, also known as the 'Kidney Bible'.

This 5th edition was published by Kidney Health Australia and endorsed by major professional societies.

The handbook was launched at Royal Adelaide Hospital with keynote presentations and touching speeches from consumer advocates Luke and Hannah, SA Minister of Health and Wellbeing, Chris Picton, Prof Shilpa Jesudason and Dr Caitlin Sum. The event was also attended by clinical stakeholders, members of the kidney community and members of the Parliamentary Friends of Kidney Health Group.

The handbook is the ultimate guide to best practice recommendations for detecting and managing CKD in primary care. Since the launch, the handbook has been **downloaded 21,000 times**.

The face to face launch was followed by a national webinar, which was attended by **522 key health professionals**. We launched recordings of the national clinical webinar on the Kidney Health Professional Hub to highlight the changes in best practice care.

Strengthening our reputation as delivering high quality HCP education through the HP Hub, live event and webinars.

Getting our primary care workforce and other healthcare professionals up to date with the latest CKD information is critical. Delivering it in an easy to digest, accessible and readily available way proved to be successful – not only in education, but in creating actionable change in healthcare.



90,000

Resources downloaded,
providing knowledge
and support.

CKD GO!

3,724

NEW CKD-Go! app users.



3,101

Health Professionals
attended education events.



Prof Shilpa Jesudason.



Other clinical and research achievements

Driving progress toward our aspiration to **End Dialysis by 2050**, our Clinical and Research Team is deeply engaged in advancing kidney care in Australia through research, collaboration and innovation.

From supporting impactful studies and ongoing meaningful partnerships, we're laying the groundwork for a future less dependent on dialysis.



- Establishment of the **Kidney Research Alliance (KRA)** – a joint initiative between Kidney Health Australia and the Australian and New Zealand Society of Nephrology (ANZSN). This partnership has been established to drive strategic research investment and collaboration in response to national health priorities determined in consultation with patients, researchers and clinicians.
- Completion of the **Kidney Health 4 Life Research Study**, which was run as a randomised controlled trial involving **394 participants**. In collaboration with the University of Wollongong, the trial ran over eight months and involved two groups – people at Stage 1-4 CKD, and those receiving dialysis treatment.
- **Ongoing research collaborations.** These include an in-pharmacy CKD screening trial led by the University of Sydney, and a consortium project being led by Charles Darwin University, Menzies and NT renal. We also continue to support the work being undertaken by the team leading the BEAT-CKD research initiative.
- Creation of the **community research hub** on the Kidney Health Australia website. This is a place for the community to stay up to date with our research program and current studies we are supporting.



Left: South Australian Minister of Health and Wellbeing Chris Picton.

Read more about
Kidney Health Australia's
research efforts at
kidney.org.au/research





**All the other great
things we do**

Our new Ambassador, **Cameron Green**

Kidney Health Australia welcomed our newest Ambassador, Aussie cricket sensation Cameron Green. He's going in to bat with us for Australians living with kidney disease.

Green revealed to his teammates in 2023 that he is living with stage 2 kidney disease, having been diagnosed with a chronic condition before birth that impairs the organ's ability to filter blood.

Green visited Monash Children's Hospital in August to meet young patients and their families, providing them with priceless memories and getting a behind-the-scenes look at the world-class treatment facilities.

He said, "Seeing their strength and resilience firsthand reaffirms why this cause is so important to me. I want these kids to know they are not alone in their journey."

We are thrilled to have 'Greeny' on board as a Kidney Health Ambassador and look forward to him joining our mission to improve kidney health for all Australians.

"Kidney disease is a challenge that affects many, and I hope that by sharing my journey I can support others who are facing this condition." - Cameron Green, Kidney Health Australia Ambassador

Cameron Green and Zayda Sakhi at Monash Children's Hospital.



To top off our jam-packed year, Kidney Health Australia was named **NGO of the Year** at the Health Industry Hub Awards. A heartfelt thank you to everyone who voted for us – we're excited for a big period of dramatic transformation in kidney health across Australia.

Thanks to you!

Each year we are overwhelmed by the kindness and compassion of supporters, and 2024 was no exception. Despite the difficult financial challenges facing many Australians, the support and kindness shown has been a beacon of light for those impacted by kidney disease.

It has been so heartwarming to witness the generosity and compassion of supporters, donors, and the kidney community throughout 2024.

It is only through the support of donors and the kidney community that we can fund much-needed programs and services that help ease the impact of kidney disease.



"Since finding out about my disease, I have always been an advocate for kidney health, and have done many fundraisers, bowling events, 60km Walk Weekend and 100km walk for the Red Socks Run. But this fundraiser is particularly close to my heart, as I am able to see others wear the attire and spread awareness of kidney health nationally." - Bek



Bek's fundraiser

Bek is an avid lawn bowls player, having played at various clubs over the last 9 years with aspirations of one day representing Australia. When she was 17, she found out through a blood test that she was living with Nephronophthisis, a genetic kidney disease, and had kidney function of just 52%. Now at the age of 21, Bek is living with 13% kidney function – but is not letting her diagnosis slow her down, instead using it as a creative way to raise awareness and funds.

In her latest of many kidney health fundraisers, Bek decided to sell her own custom lawn bowl attire, with all proceeds going to Kidney Health Australia.

Bek raised an incredible \$734 for kidney health.

Anne & Tharushi's fundraiser

Community fundraisers Anne and Tharushi have been playing piano and violin since they were four and seven years old. The pair met in the Monash Medical Orchestra back in their first year of medical school and decided to become a musical duo.

They were inspired to hold a kidney health fundraiser by their personal connections to kidney disease. Tharushi's grandmother in Sri Lanka was diagnosed with kidney failure in 2023, and Anne's grandfather is a nephrologist and has dedicated his life to treating patients and researching glomerulonephritis.

They decided to hold a music concert to raise money for kidney health, with all proceeds going to Kidney Health Australia.

Anne and Tharushi raised an amazing \$695 for kidney health.

"We've always dreamed of marrying music and medicine to make a difference in society, and what better way to do that than to perform music that we love, to raise funds and make a difference in the lives of the very patients we'd be caring for in the future." - Anne



To find out more about how you can make the kind decision to leave a gift in your Will to Kidney Health Australia, visit kidney.org.au/bequests



Lucy's gift of a lifetime

Lucy is one of the many generous donors who chose to leave a gift in her Will to Kidney Health Australia upon her passing.

Lucy, a former aerobics instructor and avid fundraiser and community volunteer, was born with Polycystic Kidney Disease (PKD) - a hereditary condition that has deeply affected her family. Lucy, as well as her three brothers, two nephews and niece, have all been diagnosed with PKD. Fortunately, all have gone on to receive lifesaving kidney transplants.

Lucy received her transplant two days before Christmas in 2016 - a moment her family described as the most meaningful and unforgettable gift they could ever receive.

"Mum never forgot this gift and the blessing we received as a family. It was the most memorable, special and respectful of Christmas gifts anyone could ever receive."

Determined to honour her second chance at life, Lucy continued to manage her health through an active lifestyle and positive spirit.

Lucy's gift in her Will to Kidney Health Australia ensured her impact would continue beyond her lifetime. In celebration of her life, Lucy's family held a memorial fundraiser, asking friends and family to make a donation to Kidney Health Australia in lieu of sending flowers. Her legacy lives on through her husband and two children, who have all registered as organ donors in tribute to the incredible gift Lucy received.

Kidney Health Australia extends heartfelt condolences to Lucy's family and wishes to express sincere thanks for all their support.



Red Socks Run 2024!

Thank you to everyone who made the 2024 Red Socks Run such a success! With **1,511 individuals** and **243 teams** participating, together we were able to bring the community together and raise awareness of kidney disease

We managed to raise **\$399,151**, which will go towards support services and programs, research and more. Renal Units around Australia formed teams and competed against each other to win the 2025 Red Socks Run Renal Unit Shield. Staff could 'Walk the Ward', tracking their steps every shift and adding them towards their team's targets. 2024's winning Renal Unit was the Flinders Nephro Ninjas, raising **\$5,994** (they also won in 2023!). Congratulations!

We thank our Red Socks Run Ambassadors Cameron Green and Richelle Cranston, and all our participants for lending their voices to the campaign.



The 2024 **Red Socks Run** in numbers:

\$338,980
raised.

4,475 donations made
by 4,275 donors.

1,511
participants.

1,594 pairs
of socks sold.

Josh's story

Josh is a fun-loving husband and dad of two young kids – Charlie, 6, and Audrey, 2. In his spare time, Josh loves exploring the outdoors, surfing, and camping with his kids. "I love watching and helping them grow up, teaching them and showing them the world," he said.

Josh took part in the 2024 Red Socks Run to honour his family's lived experience with kidney disease – which has affected himself, his non-identical twin brother, and his mum.

"The hardest part of the journey so far is to have seen what mum has gone through with her transplant and dialysis/surgeries. She is my idol and my reason why!"

Through blood pressure medication, a healthy diet and an active lifestyle, Josh is hopeful he can reduce the likelihood of reaching kidney failure.

He says he is hopeful for the future of kidney disease. "It's so awesome there is hope for a cure. It warms my heart so much to think future generations like my daughter Audrey or son Charlie will never need to have a transplant/dialysis and the complications that are associated," he said.

"To anyone who wants to help fundraise for KHA, let's do it! It's so fun and the support I have received is amazing... It feels so good to be part of hopefully finding a cure!"

To learn more about the Red Socks Run, head to redsocksrun.org.au



35 years of Rallying!

The 2024 Kidney Kar Rally saw **35 Kars** travel from Deniliquin to Leeton via Hahndorf over 7 days.

It was a magnificent effort once again by all our 'Rallytives' who raised an outstanding **\$485,000**.

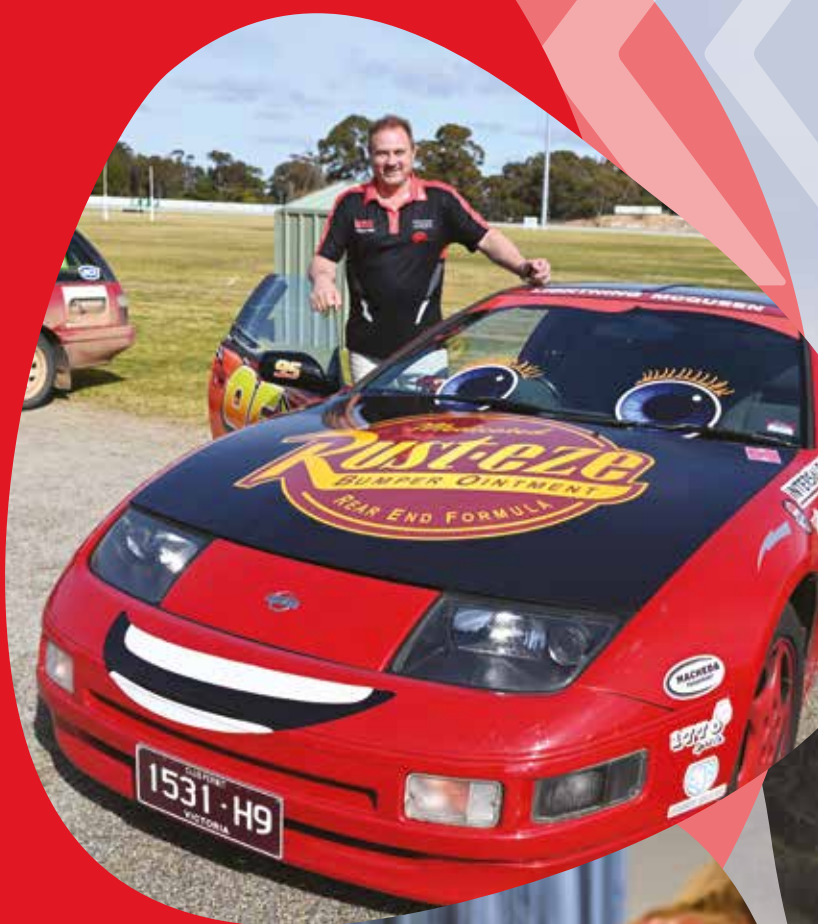
Funds raised from the Kidney Kar Rally go towards the Kidney Health 4 Youth program, which supports kidney kids and their families.

In 2024, Kidney Health Australia honored Peter Lanyon and Deb Willet as recipients of the Arthur & Kim David Perpetual Trophy. Peter has participated in every Kidney Kar Rally since its inception in 1989 and received two commemorative awards to mark the occasion.

We wish to acknowledge Kidney Kar Rally first-timers, The Warby Wildcats, who in their debut rally raised over **\$41,000** for kidney kids and took home the award for Best Presented Kar.

2024's Top Kidney Kar Rally Fundraisers were:

1. Bathurst Surf Life Saving Club –
Peter Ward, Richard Farrar & Graham Ward –
\$43,199
 2. Sister Act –
Rosina Cardaklija & Carmel Mifsud – **\$42,316**
 3. The Warby Wildcats –
Courtney & Brendan Warby – **\$41,066**
- ★ Highest Fundraising Kruise Kar – K&K888 –
Kath & Ken Downie – **\$11,350**.





Kidney Kar Rally



Top: Peter Lanyon accepts his award for 35 years of Rallying with his daughter Deb Wilt.



The 2024 **Kidney Kar Rally** in numbers:

75 Rallytives
in 37 Teams.

Over **2,700** km's
travelled from Deniliquin
to Leeton via Hahndorf.

\$480,459
raised.

Summary of financial health

We continued to focus and invest in creation and delivery of core programs with a lens to scale, in order to achieve our transformation in kidney health.

A surplus was achieved in 2024 due to growth in revenue and a keen focus on cost management. The surplus included approximately \$1.5M of revenue recognised in 2024 that will be expended in period 2025-2027 as per accounting standards AASB 15 and AASB 1058. This will impact our net result over the next few years.

An increase in support from Trusts and Foundations is recognition of the program development work we have been undertaking and their confidence to invest in Kidney Health Australia's mission.

Our expenses reduced year on year by close to \$800,000. We continue to manage overhead expenditure closely and this included a shift in office location that delivered close to 50% reduction in lease costs.

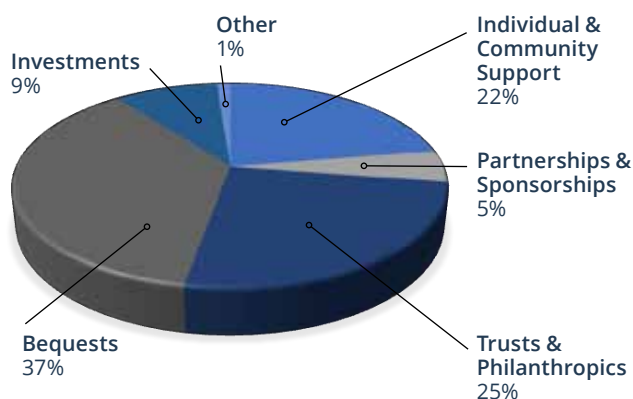
This focus allowed investment in development of a new comprehensive support program for people living with kidney disease including a pilot test with patients.

We continued to invest in Advocacy and launched our bold aspiration to **End Dialysis by 2050** at Parliament House, Canberra along with the Parliamentary Friends of Kidney Health.

In research, we invested in creating a sustainable Kidney Research Alliance in partnership with the Australian and New Zealand Society of Nephrology. Designed to increase strategic investment in kidney disease research, foster cross collaboration across the kidney research community, promote discovery and translate emerging research to drive improvements in kidney health.

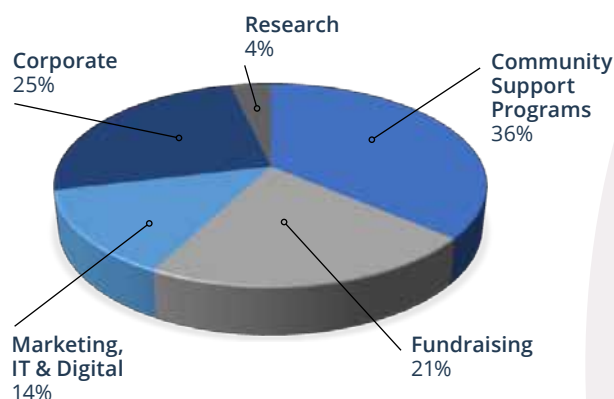
2024 Revenue

| | |
|--------------------------------|---------------------|
| Individual & Community Support | \$ 1,970,306 |
| Partnerships & Sponsorships | \$ 440,321 |
| Trusts & Philanthropics | \$ 2,227,185 |
| Bequests | \$ 3,228,090 |
| Investments | \$ 804,680 |
| Other | \$ 106,989 |
| Total | \$ 8,777,571 |



2024 Expenses

| | |
|----------------------------|---------------------|
| Community Support Programs | \$ 2,247,486 |
| Fundraising | \$ 1,321,146 |
| Marketing, IT & Digital | \$ 843,884 |
| Corporate | \$ 1,555,592 |
| Research | \$ 222,856 |
| Total | \$ 6,190,964 |



Financial Position - For more information, you can view our complete financial statements on our website kidney.org.au/corporate-resources

Thank you x2 million Australians

Our giving community changes lives. Your support enables Kidney Health Australia to reach the 2 million people who have markers of kidney disease to live life to the fullest, and potentially save the 2.5 million who don't know they have it.

Major Donors

| | |
|-------------------|------------------------|
| Nicholas Aitken | John Martin |
| Lorraine Anderson | Brian Martin |
| Ben Ashman | Mary Millington |
| Ruth Atwell | Margaret Mills |
| Richard Baer | John & Joan Mitchell |
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Trusts and Foundations

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Cecilia Kilkeary Foundation
Cecilia Kilkeary Foundation
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Eirene Lucas Foundation
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The Isabel & John Gilbertson Charitable Trust
The James and Hughes Charitable Trust
The Sunraysia Foundation
Viridian Foundation

Pharmaceutical and Industry Sponsors

AstraZeneca Pty Ltd
Boehringer Ingelheim Pty Ltd
Eli Lilly Australia
Baxter Healthcare
CSL Seqirus Australia

Estates Realised

Estate of Edith Maud Badger
Estate of James Henry Bell
Estate of Lois Brodie
Estate of Maurice William George Butterworth
Estate of Marie Arnold Clist
Estate of Maxwell Stuart Dickson
Estate of Anna Teresa Flanagan
Estate of Judith Barbara Fox
Estate of Sylvi Maria Frazer
Estate of Joseph Gaskin
Estate of Catherine Mary Girgenti
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Estate of Paul Geoffrey Ivan Walters
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Estate of Peter Charles Whitsed

Thank you to all our very special supporters, donors and regular givers.
Your gifts help fund much needed support and services and help change lives.

We continue to be a great place to work

For the third year in a row, Kidney Health Australia (KHA) has been recognised as **'A Great Place to Work'**. This accreditation highlights our ongoing commitment to creating a supportive, inclusive, and purpose-driven organisation, which is the foundation of our culture.



This recognition is crucial to our shared goal of ending dialysis by 2050. Achieving such a bold and transformative aim requires a strong, connected, and empowered team. The Great Place to Work accreditation confirms our efforts to build an environment where our employees can thrive and contribute meaningfully to our mission.

In 2024, we took a meaningful step towards creating a more dynamic and people-focused work environment by relocating our Victorian office to Southbank. This move was driven by our commitment to creating a workplace that our people feel proud to be part of. The new location offers more than just upgraded facilities; it provides an energising space that supports collaboration, wellbeing, and connection. Importantly, this move also enables us to achieve meaningful cost savings across the business, making it a win-win for both our people and our organisation. By investing in a space that puts our people first, we've strengthened our culture of care, flexibility and belonging, while operating more efficiently than ever.

With 29 employees across 4 states, we remain nimble but incredibly passionate. Our drive and dedication are evident in everything we do. The people behind Kidney Health Australia share a common ambition: to help those with kidney disease live their best possible lives.

We are deeply humbled by the courageous community, passionate professionals, partners, and kind donors who make our everyday drive for change possible and so worthwhile. Being part of the wider kidney community is an honour, and we always aim to lead with integrity and collaboration.

All our achievements in 2024 serve as a powerful reminder: when skilled and passionate experts work towards the same goals, great things can emerge and grow. The Great Place to Work accreditation is a testament to our collective efforts and a beacon guiding us towards a future free from dialysis.



Our Board

Chair: Professor Carol Pollock AO

Deputy Chair: Mr Peter Haddad AO

Dr Steve Francis

Mr Lachy Haynes

Professor Brendan Murphy AC

Professor Vlado Perkovic

Ms Rhonda Renwick OAM



Our Senior Leadership Team

Chief Executive Officer: Chris Forbes

Chief Financial Officer: Alan Jordan

GM Community: Maria O'Sullivan

GM Clinical and Research: Breonny Robson

GM Fundraising: Claire Baxter

Clinical Advisory Committee

Prof Andrew Mallett

Dr Anne Durkan

Dr Carla Scuderi

Ms Debbie Pugh

A/Prof Kelly Lambert

Prof Shilpa Jesudason

Mr Shyam Muthuramalingam

Dr Veena Roberts

Prof Karen Dwyer

Ms Breonny Robson (ex-officio)

Ms Roxanne Perry (ex-officio)

Primary care Education Advisory committee for Kidney Health Australia (PEAK)

A/Prof Angus Ritchie (deputy chair)

Dr Caitlin Sum

Dr Chris Bollen

Prof Craig Nelson

Prof David Johnson (chair)

A/Prof Ivor Katz

Ms Jane Bollen

Ms Joanne Lewis

Dr John Saunders

Prof Karen Dwyer

Prof Kevan Polkinghorne

Ms Kylie Foley

Dr Leanne Brown

Dr Natalie Pink (from Nov 2024)

Dr Nigel Stocks (from Feb 2024)

Dr Richard Phoon

Dr Sheena Wilmot

Prof Shilpa Jesudason

Mr Timothy Perry (to Nov 2024)

Breonny Robson (ex-officio)

Claire Sheeky (ex-officio)

Roxanne Perry (ex-officio – from June 2024)

Join the kidney revolution

We know where kidney disease lives and the challenges our community faces. Kidney Health Australia is building solutions and advocating for change that will shift the paradigm of kidney health for all Australians.

But we need you.

Together we can create better lives for people living with kidney disease and stop people from reaching kidney failure.

Whether you volunteer time or expertise, donate to the cause, lend your voice to help spread key messages, fundraise, or even donate a kidney, we value your contribution and so does our community. We're a small non-profit, but mighty in ambition. Help us create meaningful change. We would love to have your support.

Volunteer your time

Call **1800 454 363** or email:
volunteering@kidney.org.au

Donate regularly

Choose how you give:
kidney.org.au/ways-to-give

Leave a Gift in your Will

Find out more:
kidney.org.au/bequests

Join a fundraising event

Sign up:
fundraise.kidney.org.au

Stay in the know

Sign up to the monthly eNews:
kidney.org.au/newsletter

Keep up with Kidney Care best practice

Register for the Health Professional Hub:
kidney.org.au/hphub

Connect with us:

Kidney Helpline 1800 454 363
careteam@kidney.org.au
kidney.org.au

 **Kidney Health[®]**
Australia

Show your support:

